

Reconstruction of Cesarina – a dance for two

Fabritio Caroso's *Il Ballarino*, 1581, found on Greg Lindahl's website

<http://www.pbm.com/~lindahl/caroso/>

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Once through the music are 16 bars of Caroso's lute tab, or 8 bars if written out in modern notation in 6/8.

The timing for a *seguito ordinario* is the same timing for a *seguito semidoppio* (2 bars per step)

The steps that you will need to know.

Riverenza Grave

Passi in Gagliarda

Riverenza minima

Cadenza

Seguito ordinario

Continenza grave

Seguito semidoppio

Passi presti

Ripresa

Turn of the *Contrapasso*

Trabuchetto

Seguito spezzato

Verse One - progressing passage

Man takes the woman's ordinary hand

1-4 bars *Riverenza Grave*

Let hands go

4-8 bars 2 *seguiti ordinari* turning over the left shoulder

Verse two - progressing passage

Take ordinary hands

1-4 bars 2 *seguiti semidoppi* going forward

4-8 bars 3 *ripresa* left and 3 *ripresa right* [end facing]

Letting your partners hands go

The woman will begin facing her partner and do

1-8 bars The turn of the *Contrapasso*

The same time the man will begin facing his partner and do

1-4 bars 2 *seguiti ordinari* turning over the left shoulder [small steps]

Mezza riverenza

4-8 bars 2 *seguiti ordinari* going forwards to “catch” the woman

Then they take ordinary hands

Verse three – facing/on the spot passage

1-8 bars 4 *seguiti semidoppi* going forwards [end facing]

On the fourth end facing your partner and let go of your partner’s hand

1-4 bars 2 *seguiti semidoppi* turning over your left shoulder

4-6 bars 2 *seguiti spezzati* flankingly backwards
[direction not in the facsimile, however evidence in the rest of the dace supports my conclusion]

6-8 bars 2 *passi in gagliarda* forwards and a *cadenza*

Verse Four - Man’s Solo – facing/on the spot passage

1-4 bars 2 *seguiti ordinari*, 1 to the left and 1 to the right

Turn left flank inwards

4-6 bars 2 *ripresa* and 1 *trabuchetto* on the left

Turn right flank

6-8 bars 2 *ripresa* and 1 *trabuchetto* on the right

1-4 bars 2 *seguiti ordinari* turning over your left shoulder

Together they will do

4-6 bars 2 *seguiti spezzati* flankingly backwards

6-8 bars 2 *passi in gagliarda* forwards and a *cadenza*

Verse Five - Woman's Solo – facing/on the spot passage

The same verse as the man

Verse Six, Seven and Eight should be taught as one block – facing/on the spot passage

Verse Six

They take right hands

1-4 bars Exchanging places by using 2 *seguiti semidoppi*

Drop hands

4-8 bars 2 *seguiti semidoppi*

Verse Seven

Together they will do

1-4 bars 2 *seguiti semidoppi* – flankingly left and right

4-6 bars 2 *ripresa* and 1 *trabuchetto* on the left

6-8 bars 2 *ripresa* and 1 *trabuchetto* on the right

Verse Eight

Together they will do

1-4 bars 2 *seguiti semidoppi* turning over the left shoulder

4-6 bars 2 *spezzati* flankingly backwards

6-8 bars 2 *passi in gagliarda* forwards and a *cadenza*

Verse Nine – facing/on the spot passage

Together facing they will honour each other with

1-4 bars 2 *continenza grave*

Then the woman will do

4-8 bars 2 *seguiti ordinari* turning over her left shoulder

At the same time the man will do

4-8 bars 2 *seguiti ordinari* [small steps] going forwards at the end the man will “catch” the woman and take her ordinary hand.

Verse Ten – progressing passage

Together they will do

1-4 bars 3 *ripresa* left 3 *ripresa* right
reconstructed this way due to timing and evidence in the facsimile which suggests a probable misprint for “six *ripresa* left, three *ripresa* right]

4-6 bars 2 *seguiti spezzati* forwards

6-8 bars 2 *passi presti* and a *riverenza minima*